

## P.R.C. COMMUNITY RESOURCE GUIDE

### Primary and Specialty Providers

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT SERVICES
Adult Education ESL Parent Resource- Community Learning Center	Mr. Jorge Ocana District Staffing	ocana@hempste adschools.org	In person, English Second Language Curriculum, Instructor driven
Afterschool Programming -Parent Resource Community Learning Center	Outreach – 21.st Century District Staffing – Ms. Williams	Ext. 4040/4041 <a href="mailto:PRC@Hempste&lt;br/&gt;adschools.org">PRC@Hempste adschools.org</a>	STEM; Mentoring/Self Esteem; Fitness & Nutrition; Carer and Life Development
Anthem, Blue Cross and Blue Shield HP Medical/Health Services - Community Relations	Outreach – 21 <sup>st</sup> . Century PRC	Ext. 4040/4041 <a href="http://www.hempstead&lt;br/&gt;prc@hempstead&lt;br/&gt;chools.com">www.hempstead prc@hempstead chools.com</a>	Community Health Fairs -Children’s Dental Health Month, No-Cost Dental Screenings, Oral Health Ed., Dental Kits & Activities for Children; collaborative effort with various organizations to provide an educational forum for all our members and anyone interested in improving their wellbeing. There will be various activities, educational workshops, and opportunities to engage with health professionals
Central American Refugee Center (CARECEN) Advocacy Protection - Immigration	Outreach – 21. St Century PRC	Ext. 4040/4041 <a href="http://www.hempstead&lt;br/&gt;prc@hempstead&lt;br/&gt;chools.com">www.hempstead prc@hempstead chools.com</a>	* CARECEN –Lawyers/Immigration Support Services Supported PRC 4/16/204 Legal Clinic Day Counseling- Immigration Support Scheduled families ongoing appointments. Supported Mental Health & Wellness Fair May 11, 2024, by signing up additional families for legal counseling and established legal judicial cases in support of immigration establishments.

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College and Career Counseling and support	Outreach – 21 <sup>st</sup> . Century PRC	Ext. 4040/4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	Attend meetings, PTO's, PTSA's; outreach/community(stakeholders) resources to support and present graduating students with scholarships. Provide prom accessories such as new dresses, shoes, etc.
**Family Peer Advocate/FPA – Office of Mental Health/O.M.H., supported programs and services	Outreach – 21 <sup>st</sup> . Century PRC	Ext. 4040/4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	Aims to enhance the competencies of Family Peer Advocates (FPA'S) as they establish productive relationships with caregivers. Participants will acquire strategies for cultivating trusting relationships with parents, starting from the initial contact and continuing throughout the duration of their working relationship. various topics such as: overcoming initial distrust from caregivers, establishing boundaries, nonverbal communication, and navigating feelings of vulnerability. FPA'S are equipped with the skills necessary to build successful partnerships with the families they serve, empowering families to advocate for themselves and their children. She later provided education and advocacy to families who were expecting a child or who have recently become parents.
Four Leaf (aka) Bethpage Federal Credit Union – Financial Banking - Community Engagement Relationship Manager, Ever Martinez	Outreach – 21 <sup>st</sup> . Century PRC	Ext. 4040/4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	V.I.T.A. Program; Free Income tax preparation. Youth/Custodian Savings/Checking accounts; Adult banking 101; ongoing seminars to educate, provide financial banking resources/options
Housing and Food Assistance/Nutrition	Outreach – 21 <sup>st</sup> . Century PRC	Ext. 4040/ 4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	The Interfaith Nutrition Network (The I.N.N.) subsidiary – Soup kitchen - MBI - Mary Brennan INN Food Pantry, Clothing, Vision Care, Shelter, DSS/SNAP, Health Insurance, Social Workers/support programs; Community Relation -Anthem Blue Cross and Blue Shield HP *Implementing a healthy vegetable garden – PRC field location.

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Liberty Partnership Program (LPP) H.S. Students	Outreach – 21 <sup>st</sup> . Century PRC	Ex.t 4040/4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	Enrichment/Mentoring/Health & Wellness/Art/Group Activities/Trips/College Preparation
NYC Poison Control Center-Community Engagement	Eduardo Torres Health Educator	Ext. 4040/4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	Community Education Forums/presentations -  Poison Prevention for Older Adults – English, Spanish, Chinese Cantonese
The Village of Hempstead Community Partnerships	Inc. Village of Hempstead stakeholders Outreach – 21 <sup>st</sup> . Century PRC	Ext. 4040, 4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	study workshops/partnerships such as Prevention Center Project Hope, etc. (Topics at hand: Vaping, Social Emotional, Food Pantry, SNAP, Rental support/ afterschool programs

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*Volunteer and Faith-Based Services; Community Partners. *NAACP *Operation Get Ahead (OGA), *H.E.V. N/Project Hope, *Special Projects as such, baby showers w/Doula forum *Educational community events *Students and their families Game night * PRC Healthy way family vegetable garden	Outreach – 21 <sup>st</sup> . Century PRC	Ext. 4040, 4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	*Faith-based community engagement; involvement of faith-based organizations and individuals in civic and community activities consist of volunteering, advocating, supporting community development initiatives to address social and emotional needs and promoting positive change. *Scholarship opportunities for our H.S. students. * Educational forum on birth delivery. Peace walks against gun violence, school backpack give aways and clothing drive/organization support, Family game night; Family Fun Day participation, PTOs, PTSAs * Creating and implementing a nourishing garden in our very own PRC school field by offering our students and their families with “Growing their own – Garden to Table” organic vegetables as another resource of community engagement. Donations provided by local community stakeholders

### Medical/Dental/Vision/Behavioral/Mental/Substance Use and Health Providers

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT POST AND/OR CARE MANAGEMENT SERVICES
Carl Burnett Funeral Home - Bereavement Counseling	Outreach – 21 <sup>st</sup> . Century PRC community relations	Ext. 4040/4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	Family and friends of Hempstead students. Support is available for both, students and families and their loved ones who are living with illness and or grieving. Programs and community to support and designed specific needs, and supported referrals

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Drug Prevention Program - Strengthening families -topics surrounding addiction, including prevention, treatment, and recovery	Outreach – 21 <sup>st</sup> . Century PRC	Ext. 4040/4041  <a href="http://www.hempsteadprc@hempsteadchools.com">www.hempsteadprc@hempsteadchools.com</a>	FCA - Family Treatment & Recovery Center -Prevention Coalition (April McCarthy); YES, Community Counseling Center -Corine Alba
Hempstead Clusters - H.E.V.N. Project Hope	Project Restoration - Bishop Mackey  Outreach – 21 <sup>st</sup> . Century PRC Community Engagement	Ext. 4040/4041 <a href="http://www.hempsteadprc@hempsteadchools.com">www.hempsteadprc@hempsteadchools.com</a>	Community Advocacy: students support community services, clothing drive, backpack giveaway with Nassau County Police Dept. Collaboration

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New Horizon Counseling Center Valley Stream	<a href="mailto:aortiz@nhcc.us">aortiz@nhcc.us</a> Outreach – 21 <sup>st</sup> . Century PRC	Ext. 4040/4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	<p>The Day Treatment Program provides a variety of clinical and rehabilitative development to help individuals who are living with mental illness and/or substance dependency.”</p> <p><b>Areas of coverage and support – NY-Nassau/Kings/Queens Counties</b></p> <ul style="list-style-type: none"> <li>• Outpatient behavioral health; food pantry; chemical dependency treatment program; health home care management; day treatment <u>program and more.</u></li> <li>• 3 languages – English, Spanish, French</li> <li>• Accept Medicare and Medicaid as well as a “sliding scale free for those who are uninsured or underinsured but will help to obtain Medicaid</li> </ul> <p><b>Services offered:</b></p> <ul style="list-style-type: none"> <li>- Child and Adolescent Psychiatrist’ Neurology; Nurse Practitioner</li> <li>- Assessment and treatment planning</li> <li>- Medication therapy</li> <li>- Medication education</li> <li>- Health screening and referral</li> <li>- Symptom management</li> <li>- Crisis intervention services</li> <li>- Clinical support services</li> <li>- Referral and discharge planning</li> <li>- Post discharge follow-up</li> <li>- Specialized therapy options</li> <li>- Supportive skills training</li> </ul>
Dr. Saba Mundia MD. Physical Therapist	South Nassau Physical Therapy PC230 Hilton Ave Hempstead, NY 11550– Outreach – 21 <sup>st</sup> . Century PRC Community relations.	Ext. 4040/4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	Hempstead, NY, specializing in a wide range of musculoskeletal issues.

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Workers Comp No Fault Doctors - Clinton Medical P.C.	95 Clinton St, Hempstead, NY 11550 Outreach – 21 <sup>st</sup> . Century PRC Community Relations	Ext. 4040/4041 <a href="http://www.hempsteadprc@hempsteadschools.com">www.hempsteadprc@hempsteadschools.com</a>	"Clinton Medical Office is a No-Fault Workers' Comp. Medical Center, that provides a considerable variety of specialties and medical services. Services offered - Chiropractic Treatment -Neurology -Orthopedic Treatment - Pain Management -Physical Therapy" Ensuring you receive the highest level of care for your recovery.